



Tumble Events Ltd in partnership with British Gymnastics are pleased to present

3C's
South/North
2026

Membership requirements; Gymnasts are required to have BG Community Membership.

Tumble Runs & Inclusive Runs; These can be found on; www.tumbleevents.co.uk

Competition will be offered to the following;

GRADE	Age
3 Cs Level 1	7-8yrs 9-10yrs 11+yrs
3 Cs Level 2	7-8yrs 9-10yrs 11+yrs
3 Cs Level 3	8yrs 9-10yrs 11-12yrs 13+yrs
3 Cs Level 4	8yrs 9-10yrs 11-12yrs 13-14yrs 15+yrs

Disability

GRADE	Age
3 Cs Level 1 (Introduction)	Under 13yrs Over 13yrs
3 Cs Level 2 (Intermediate)	Under 13yrs Over 13yrs
3 Cs Level 3 (Advanced)	Under 13yrs Over 13yrs
Bronze Level	Under 13yrs Over 13yrs
Silver Level	Under 13yrs Over 13yrs
Gold Level	Under 13yrs Over 13yrs

Eligibility:

- The Gymnast should be able to safely perform the exercises and meet the minimum criteria required for this level. The coach and gymnast can select which level the gymnast starts the 2026 season.
- Tumblers must not have competed at a higher level at a regional organised event in the past year.
- If in the opinion of the CJP a gymnast has been entered into a category that they consider unsafe, then the gymnast may be withdrawn from that and future competitions at that level.
- Coaches have a duty of care towards their performers and have a responsibility to ensure that they are both qualified and competent to teach at the appropriate level, as well as ensuring that the gymnast is adequately prepared physically and psychologically for performing their exercises in a competition situation.

Eligibility Disabilities;

- The Gymnast should be able to safely perform the exercises and meet the minimum criteria required for this level. The coach and gymnast can select which level the gymnast starts the 2026 season.
- This form is completed; [disability-gymnastics-classification-certificate.pdf](#) by a medical professional.
- Tumblers with Downs Syndrome will have been passed as physically fit to tumble by a medical professional and completed this form; [atlanto-axial-instability-information-pack-2021.pdf](#)
- There will be no gender or age split.

Entry;

- Entries will be submitted to Tumble Events via the correct entry form.
- Entries will be submitted by regions not individual clubs
- Entry fee will be paid for by regions not individual clubs
- Each region will select **three** females and **three** males per age and level
- All tumblers will receive a participation medal

3 C's (South)

Date; June 7th 2026

Venue; Milton Keynes Gymnastic Centre. MK10 0BA

Opening Date; 6th April

Closing Date; 4th May

Discipline; Tumbling

Entry fee; £40.00 per tumbler (Does not include spectator ticket)

• **Regions included are**

- East
- East Midlands
- London
- South
- South East
- South West
- South Wales

3C's (North)

Date; June 28th 2026

Venue; Cheshire Gymnastic Club. Northwich, CW8 4BG

Opening Date; 14th April

Closing Date; 25th May

Discipline; Tumbling

Entry fee; £40.00 per tumbler (Does not include spectator ticket)

Regions Included

- North
- North West
- Northern Ireland
- Scotland
- North Wales
- West Midlands
- Yorkshire