



**Tumble Events Ltd in partnership with British
Gymnastics are pleased to present**

3C's

South/North

2025

Membership requirements; Gymnasts are required to have BG Community Membership.

Tumble Runs; These can be found on the Tumble Events website www.tumbleevents.co.uk

Competition will be offered to the following;

GRADE	Age
3 Cs Level 1	7-8yrs 9-10yrs 11+yrs
3 Cs Level 2	7-8yrs 9-10yrs 11+yrs
3 Cs Level 3	8yrs 9-10yrs 11-12yrs 13+yrs
3 Cs Level 4	8yrs 9-10yrs 11-12yrs 13-14yrs 15+yrs

Eligibility:

- The Gymnast should be able to safely perform the exercises and meet the minimum criteria required for this level. The coach and gymnast can select which level the gymnast starts the 2025 season.
- Tumblers must not have competed at a higher level at a regional organised event in the past year.
- If in the opinion of the CJP a gymnast has been entered into a category that they consider unsafe, then the gymnast may be withdrawn from that and future competitions at that level.
- Coaches have a duty of care towards their performers and have a responsibility to ensure that they are both qualified and competent to teach at the appropriate level, as well as ensuring that the gymnast is adequately prepared physically and psychologically for performing their exercises in a competition situation.

Entry;

- Entries will be submitted to Tumble Events via the correct entry form.
- Entries will be submitted by regions not individual clubs
- Entry fee will be paid for by regions not individual clubs
- Each region will select two females and two males per age and level
- All tumblers will receive a participation medal

3 C's (South)

Date; June 8th 2025
Venue; Milton Keynes Gymnastic Centre. MK10 0BA
Opening Date; 7th April
Closing Date; 5th May
Discipline; Tumbling
Entry fee; £40.00 per tumbler

• **Regions included are**

- East
- East Midlands
- London
- South
- South East
- South West
- South Wales

3C's (North)

Date; June 15th 2025
Venue; Cheshire Gymnastic Club. Northwich, CW8 4BG
Opening Date; 14th April
Closing Date; 12th May
Discipline; Tumbling
Entry fee; £40.00 per tumbler

Regions Included

- North
- North West
- Northern Ireland
- Scotland
- North Wales
- West Midlands
- Yorkshire